## TOWN OF SOMERS ADVISORY COMMITTEE FOR SENIORS MINUTES OF MARCH 8, 2016 MEETING

**CALL TO ORDER**: Meeting called to order by Chairman Deanna Schuetz at 1:31 P.M.

**MEMBERS PRESENT:** Elaine Bemont, Dory Bynack, Eileen Fedorowich, Phyllis Gwilliam, Ailene Henry, Deanna Schuetz and Tim Welch.

**MEMBERS ABSENT**: Pat Bachetti and Joan Sizer

**AUDIENCE:** Lisa Pellegrini – Motion made by Dory Bynack to allow Lisa to speak at this meeting if she desires.

**APPROVAL OF MINUTES**: Minutes from meeting of February 9, 2016 with motion by Tim Welch and second by Dori Bynack approved after a lengthy discussion about corrections from the January meeting in the minutes. Motion was made by Tim Welch and seconded by Ailene Henry to table the discussion of the minutes until later in the meeting and adding this action to the agenda.

## Chairman's Report:

**Senior Center Building Updates** – Foot care will now take place in the small meeting room. Utility room will now become a storage room. We are trying to make better use of the rooms we currently have. Patio awning has been installed and is working beautifully. Ongoing discussions are taking place regarding parking lot problems and we shall continue to work on long term plans.

**Trips** – Following is a listing of remaining March events and those scheduled for the month of April:

- 3/11 Trip to Mohegan Sun
- 3/11 Lunch & Learn: Home Instead Senior Care
- 3/14 Trip to Magic Wings Butterfly Conservatory
- 3/18 Game Night with Mabelle B. Avery Middle School SCIT Club
- 3/22 Trip to Maple Sugar Madness
- 3/29 Trip to Holyoke Mall
- 4/1 Friday Matinee: A Walk in the Woods
- 4/4 Lunch & Learn: Registrar of Voters
- 4/5 Blair Manor Lunch
- 4/7 Healthy Breakfast
- 4/8 Presentation by Enfield Adult Day Center
- 4/11 Volunteer Appreciation Luncheon at 12 P.M.
- 4/13 Home Helpers Medical Equipment Check

- 4/15 Poetry with Ellen Rita Evans at 1 P.M.
- 4/18 Lunch & Learn: Legal Aide
- 4/19 Trip to the CT Historical Society
- 4/21 Healthy Breakfast
- 4/22 Blair Manor Diabetes Education Session 1 at 2 P.M.
- 4/24 Trip to see Sister Act
- 4/25 Coffee Talk on Volunteer Opportunities 4/26 Trip to see Jimmy Mazz
- 4/26 Jimmy Mazz
- 4/26 Overnight trip to Long Island
- 4/29 Blair Manor Diabetes Education Session 2 at 2 P.M.

<u>Status of Technology Classes</u> – A handout was presented to committee members regarding information for help with cell phones, iPads, etc. Listing showed people who might be able to assist us with this project. We need someone who is able to be patient with seniors as a priority. Decision made to allow Ailene Henry to contact the three interested members of the National Honor Society interested in this project and also to use Sue Marshman's

talents in this regard. How soon will this be done? Motion made by Dory Bynack and seconded by Phyllis Gwilliam to go ahead with this pilot program and move forward now!

Meals on Wheels – Kathy met with a nutritionist /dietician on February 29<sup>th</sup> regarding special diets, foods to avoid, etc. Discussion arose regarding what to do when meals are delivered and no one is home. It is sometimes difficult at Woodcrest where the driver needs to be buzzed in to deliver. Deanna said she thought it was time to review the MOW rules with the clients so it is known what to do with their meals if they are not there. Ailene Henry and Tim Welch had much praise for Kathy at the Playhouse and how this program has operated so well for such a long time, even without state funding. Motion made by Dory Bynack, seconded by Ailene Henry, to have Christina or Deanna approach Kathy with any questions pertaining to the future of MOW and the Playhouse Restaurant. Kathy seems to bend over backwards to assist in this project. Emergency contact information is now available on file for all clients in this program. Advertisements have been in the local papers and churches looking for volunteers for this program. Item in North Central News succeeded in acquiring four new drivers.

<u>Senior Support</u> – Pat Bachetti is away but reported to Deanna that she is currently working with 14 residents and will soon be sending out St. Patrick and Easter cards to these people.

<u>Senior Club</u> – Dory reported that nominations for officers for the coming year have been made. Election will take place at the luncheon on March 16<sup>th</sup>. This luncheon will be the corned beef dinner followed by Country Western/Irish music. April menu is in place.

Publicity – No news this month because Joan is away.

<u>Woodcrest</u> – Eileen reported that PaintSipFun will be held in early April. Maintenance is being done in the community area. She has reminded David Pinney of the Housing Authority to give residents a listing of pesticide spraying that will occur in the community ahead of the actual spraying.

## **OLD BUSINESS:**

None

**NEW BUSINESS**: Ailene asked about what is going on with the expansion project. Deanna said that for the time being, they are taking a hard look at the parking lot and trying to make the best use of what speace we currently have.

**ADJOURNMENT**: Meeting adjourned at 3:10 by motion of Phyllis Gwilliam with a second by Ailene Henry

Next meeting of the Advisory Committee for Seniors will be held on April 12, 2016.

Respectfully Submitted,

Elaine L. Bemont, Secretary

MINUTES NOT OFFICIAL UNTIL APPROVED AT SUBSEQUENT MEETING